

**Bilingual Counseling Resources**  
**Recursos de asesoramiento**

***MRM Clinical Services***

495 Iron Bridge Road Unit #12  
Freehold, NJ 07728  
732-847-2423

***Claudette Sierra-Pappas***

80 Scenic Drive Suite 8  
Freehold, NJ 07728  
732-427-8504

***Uplift Counseling & Wellness***

197 New Jersey 10  
East Brunswick, NJ 08816  
908-975-1550

***Zisa Belfer- Rise Up Counseling***

Marlboro, NJ 07746  
732-595-4276

***Jennifer Moss***

Freehold, NJ 07728  
732-863-2542